

# Theme: Five Senses! Week 1

This document contains all of the activities for the theme Five Senses “for the age group “Littles.”

Have fun!

Questions or comments? Please email us at

[playconnecttoday@gmail.com!](mailto:playconnecttoday@gmail.com)

All activities require adult supervision!

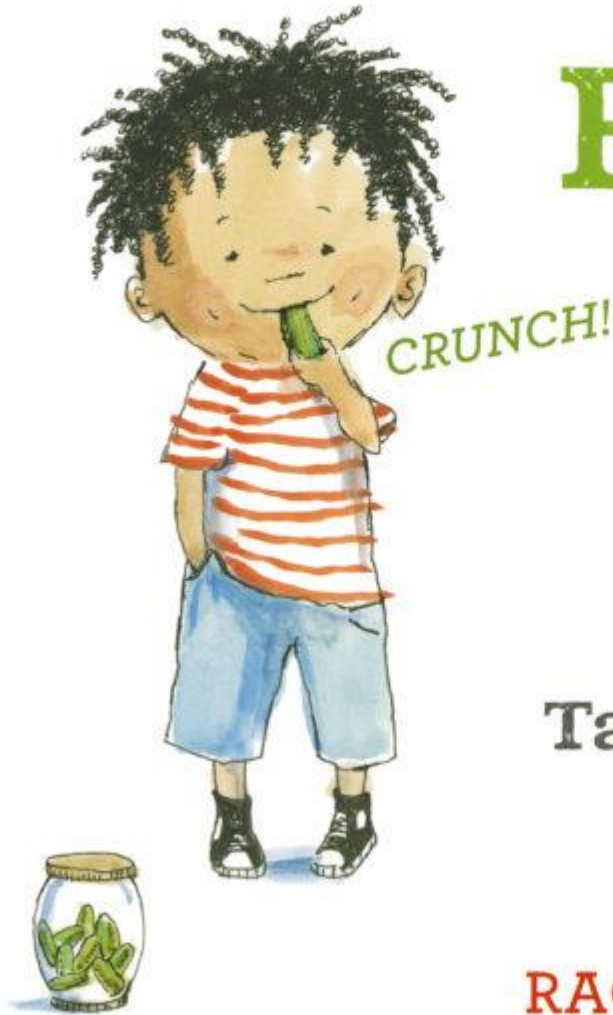
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\*Clip art images taken from: <https://publicdomainvectors.org> and <https://clipartsearch.freebusinessapps.net/>

\*Images used from: [unsplash.com](https://unsplash.com)

# Book Suggestion

(We highly recommend checking your local library for this book, however if you cannot find it-please see link on our “Theme extras” web page to purchase if desired or find another book that showcase the five senses)! - We suggest using the same book for two weeks as this really helps children gain reading comprehension of the book!



# I Hear a Pickle

(and  
Smell,  
See,  
Touch,  
and  
Taste It, Too!)

**RACHEL ISADORA**

# Song Suggestion

## Five Senses Song

Written by: Play Connect LLC

(Sniff, sniff, sniff) do you smell that?

(Sniff, sniff, sniff) With your nose

(Sniff, sniff, sniff) I think it's stinky toes!

Look, look, look do you see that?

Look, look, look with your eyes?!

Look, look, look it's a goofy cloud in the sky!

Feel, feel, feel do you feel that?

Feel, feel, feel with your hands

Feel, feel, feel it's a rubber band!

(Lick, lick, lick) do you taste that?

(Lick, lick, lick) With your tongue

(Lick, lick, lick) it's ice cream grab it and run!

(Shh, shh, shh) do you hear that?

(Shh, shh, shh) With your ears

(Shh, shh, shh) I think it's a giggling deer!

I, I, I, I can smell that

I, I, I, I can see that

I, I, I, I can feel that

I, I, I, I can taste that

I, I, I, I can hear that

With my senses!

Created by



# Simple Vocabulary Words

These are optional vocabulary cards to show your child before reading the story to help with understanding. It is also a great idea to point out the words while reading the book!



**SMELL**



**TASTE**



**TOUCH**

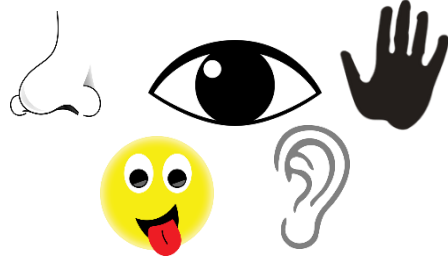


**HEAR**

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**SIGHT**



**FIVE SENSES**

# Art Project:

## Musical Painting

### What you need for this activity:

- \*Non-toxic paint
- \*Paintbrush(es)
- \*Blank paper
- \*Music of choice

### Directions:

- \*For this activity your child will paint while listening to music.
- \*First, set up the area – we always recommend putting paint into small containers with one paintbrush per color. This makes it easier to just keep painting instead of having to rinse the brush after each color.
- \*Let your child choose how they would like to paint – standing up? (This works great if you have something paint-safe to hang paper on like an easel), sitting down? Laying on the floor?
- \*Then choose which music to listen to, it really can be anything they enjoy. Classical music works well for this since there aren't words to listen to which can be distracting.
- \*Tell your child to paint whatever the music makes them feel! Let them go for as long (or short) as they like.
- \*To finish up have your child describe their painting to you!

# Fine Motor Activity:

## I can feel my name

### What you need for this activity:

- \*Non-toxic squeeze glue
- \*Blank paper – color of choice
- \*Sand (or something similar)

### Directions:

- \*This activity will allow your child to practice their hand-eye coordination while writing their name.
- \*To start write your child(ren)'s name on the paper in large print using a marker.
- \*Then help your child(ren) cover their name in squeeze glue. This is quite challenging for this age group so they may need great assistance.
- \*Following this, ask your child(ren) to cover their name with the sand, doing their best to only put it on the glue and not all over the paper.
- \*Shake the extra sand into the trash (or back into the sandbox).
- \*Once it is dry, your child will be able to feel their name. For some children, being able to touch the letters really helps them to better learn how to write their names!

# Math Activity:

## Color focus: Red

### What you need for this activity:

- \*Your child
- \*Space to move
- \*When I see Page
- \*Red coloring utensil
- \*Camera (optional)

### Directions:

This activity will let your children focus on the color red. We choose one color at a time because each color has so many shades and can be seen in so many places. This truly helps children develop a great understanding of each individual color.

\*To begin, show your child something that is the color red and ask “what color is this?” If they already know it’s red – great! If not tell them that it is.

\*Then it’s time to get moving! Walk around with them (and the red object) and have them find more items that are red. Optionally you can take pictures of these and create a “red items” photo album (see below).

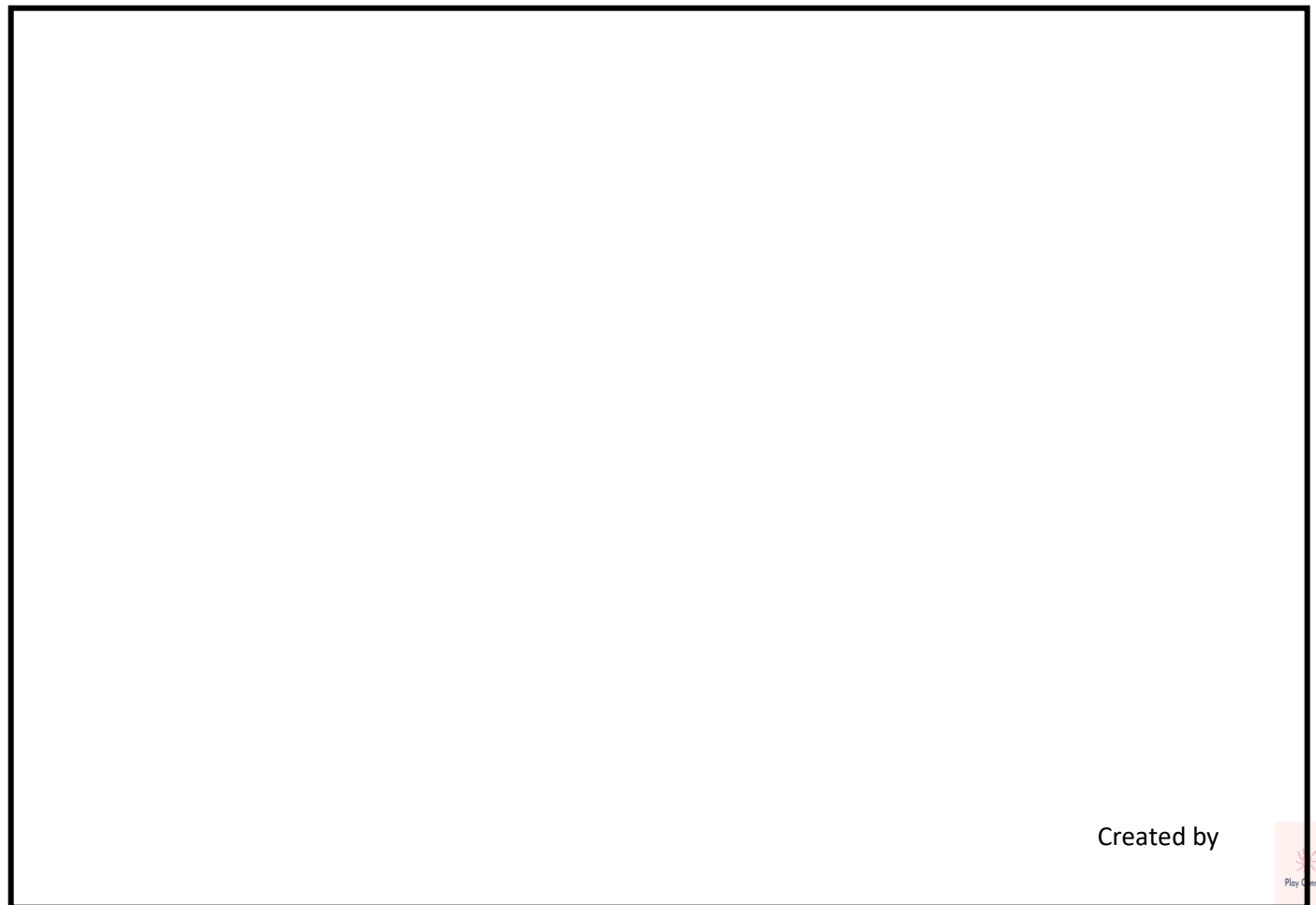
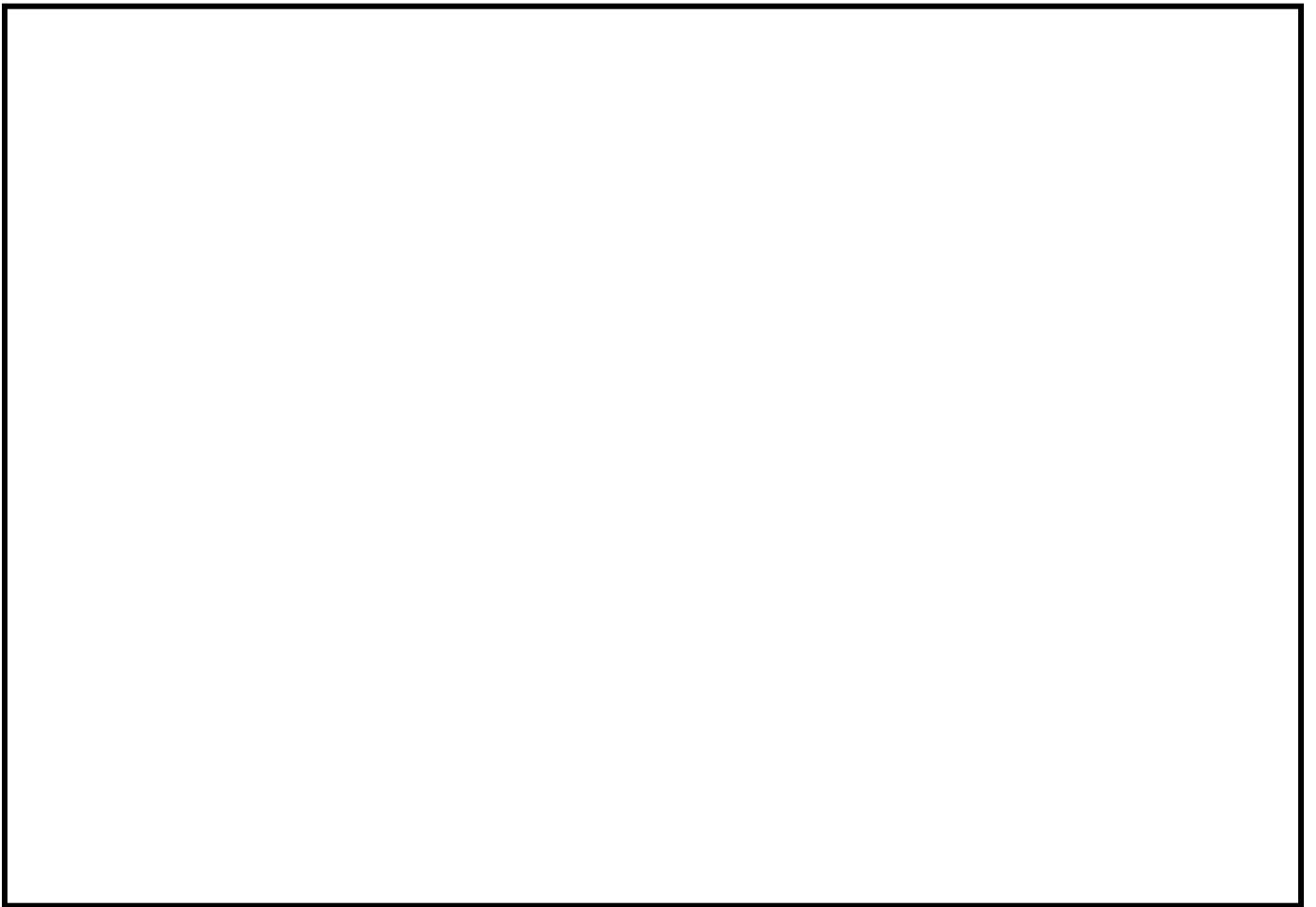
\*To end the activity, ask your child to draw something red on the “When I See Red” page. Ask them about their drawing and write down what they tell you.



WHEN I SEE RED...

My album of the color

RED



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# Language Activity:

## Reading to my....

### What you need for this activity:

- \*Child's favorite toy
- \*A book your child knows well

### Directions:

\*For this activity your child will practice “reading” a book. This is really an important skill for them to have as so much goes into reading a book before they can even decipher words.

\*If your child already has great understanding of the book for “Five Senses” they may use this book, however, it is best for them to choose a book that they know well.

\*Ask them to “read” their book to their favorite toy. They should focus on holding the book correctly, turning the pages in the right direction, and not skipping any pages. They certainly do not need to know what each page says but they can tell their toy what they see on each page.

\*\*Reading to a toy can help children feel more confident in practicing beginning literacy skills especially if they are shy.

# Science Activity:

## Using my sense of touch and smell

### What you need for this activity:

- \*Blindfold of some sort
- \*Multiple (safe!) items

### Directions:

\*For this science activity your child(ren) will utilize two of their senses: their sense of touch and their sense of smell.

\*First gather a bunch of items – they should be things that your child(ren) are familiar with. Some ideas for items: a stuffed animal, a leaf, a stick, playdough.

To make it easier: show children what the items are beforehand (so they have a better idea what to guess)

To make it more difficult: Do not show them the items.

\*Then blindfold each child participating. Tell them they can touch the items and smell them but cannot look at them, taste them, or tap them (as to hear).

\*Let them each guess what the items are!